

#### Week 6 - Living the Reality of Jesus

March 21	Luke 12. 32-34	Radical living
March 22	Luke 12.34	Living your heart
March 23	Luke 12. 35-36	Living ready
March 24	Luke 12.48	Responsible living
March 25	Luke 13. 18-19	Making a difference
March 26	Luke 13. 20-21	Changing the world
March 27	Luke 14.13-14	Living God's welcome

#### Week 7 - Living the Cross of Jesus

March 28	Luke 19.41-42	Peace
March 29	Luke 16. 10	Faithfulness
March 30	Luke 18. 14	Humility
March 31	Luke 21.3-4	Giving
April 1	Luke 22.19-20	Life
April 2	Luke 23.34	Forgiveness
April 3	Luke 23. 46	Trust

#### Week 8 - Living the Resurrection of Jesus

April 4	Luke 24.5	Living life
April 5	Luke 24.15	A living companion
April 6	Luke 24.36	Living witnesses
April 7	Luke 24. 49	Living power

**think about the words of Jesus  
pray about what you've read  
discover new things in your life  
take action in your community  
and change the world**

## LENT 2010 at KING CHARLES THE MARTYR, POTTERS BAR **DARING TO MAKE A DIFFERENCE BY LIVING THE WORDS OF JESUS**

*This year at KCM we are planning a more active Lenten programme, encouraged by the Bishops and Diocese of St Albans. There are two particular ways in which everyone can be involved to observe Lent this year.*

The Bishops of St Albans, Hertford and Bedford have written this:

*'I'm giving up chocolate this Lent – I need to lose a bit of weight anyway.' Many people think that Lent is about simply giving things up, as though God delights in making our lives more difficult. The true focus of Lent is actually about making more space for God in our lives. We give things up to get rid of the clutter that gets in God's way, so that He can inhabit us more fully. Lent is about hearing afresh God's life-giving words to us. It's about renewing our discipleship of Jesus Christ, which is why we are inviting Christians this Lent to engage in two things.*

**First, join a Lent group** and reflect with others on the gospel readings which are set for each Sunday. We have written a course which we hope will both inspire and encourage you in your faith. **KCM will be hosting the Bishop's course on Tuesdays—and you can opt to attend either an afternoon or an evening session.**

**Second, you may like to participate in Challenge**, which complements the Lent Course. We are asking as many people as possible to join us during Lent in daring to make a difference by living the words of Jesus. The idea is to learn some of the words of Jesus Christ by heart each day and then pray that God will give us the chance to put them into action : **Read it, learn it, pray it, do it!** The short daily passages, all taken from the Gospel of Luke, will be downloadable from the internet. **Each day's verse is printed in this leaflet for to keep and use.** Alternatively you can opt to receive them by text message, email, Twitter or RSS. You can register on the Challenge website at [www.challenge2010.org](http://www.challenge2010.org) now.

+ Alan St Albans +Christopher Hertford +Richard Bedford

## LENT COURSE – “WORD OF CHALLENGE, WORD OF LIFE”

The course, written by the Bishops, is based on the six Sunday gospel readings during Lent. We will be meeting during Lent and on into Holy Week on **SIX TUESDAYS (choose either afternoon or evening)** starting Tuesday 23 February and finishing on Tuesday 30 March and we will be using **KING CHARLES THE MARTYR CHURCH**. Each afternoon/evening session will follow the same basic pattern and you are welcome to choose one or the other which is convenient for you. The topic will be introduced by the Reverend Michael Burns, using the material that the Bishops have prepared and then everyone will divide into informal groups. A soft drink of juice or water will be available for those who wish it. We would then come back together for a time of reflection and quiet personal prayer and then say together the ancient night Office of the Church, called Compline.

**WE WILL MEET IN CHURCH from 2pm till 3.30pm AND 8pm till 9.30pm**

<b>Tuesday 23 February</b>	<b>Luke 4/1- 13</b>	<b>The Temptations</b>
<b>Tuesday 2 March</b>	<b>Luke 13/31-35</b>	<b>Jesus laments over Jerusalem</b>
<b>Tuesday 9 March</b>	<b>Luke 13/1-9</b>	<b>Jesus invites repentance</b>
<b>Tuesday 16 March</b>	<b>Luke 15/1-3; 11b-32</b>	<b>The Prodigal Son</b>
<b>Tuesday 23 March</b>	<b>John 12/1-8</b>	<b>Mary anoints Jesus</b>
<b>Tuesday 30 March</b>	<b>Luke 23/1-49</b>	<b>The Passion</b>

*We are asking everyone to sign one of two the lists available in Church, indicating their attendance. One list is for the afternoon sessions and one list is for the evening sessions. Obviously if the above dates are not suitable, you can access the material from the Diocesan website and use it personally. Alternatively, some of you who meet regularly in house groups might like to use the material when you plan to meet.*

## CHALLENGE – “READ IT, LEARN IT, PRAY IT, DO IT”.

The challenge is to read a verse from Luke every day; learn it; pray it – and then try to put it into action. There are more details on the website at [www.challenge2010.org](http://www.challenge2010.org) – but here are the verses for 50 days of Lent/Easter:

### Week 1 – Living the Good News of Jesus

February 17	Luke 4.18	Good News
February 18	Luke 4.18b-19	Freedom
February 19	Luke 5.27-28	Direction
February 20	Luke 6.20	Happiness

### Week 2 - Living the Love of Jesus

February 21	Luke 6. 27-28	Love for enemies
February 22	Luke 6. 31	Love and the golden rule
February 23	Luke 6.32	Love of a different kind
February 24	Luke 6.37	Love and forgiveness
February 25	Luke 6.38	Love and generosity
February 26	Luke 6. 42	Love and integrity
February 27	Luke 6. 45	Love and goodness

### Week 3 - Living the Life of Jesus

February 28	Luke 6. 46	Living action
March 1	Luke 7. 47	Living graciously
March 2	Luke 8. 17	Living openly
March 3	Luke 9. 3-5	Living simply
March 4	Luke 9. 23	Living selflessly
March 5	Luke 9. 24-25	Open-handed living
March 6	Luke 9. 48	Big-hearted living

### Week 4 - Living the Way of Jesus

March 7	Luke 9. 61-62	Looking to God
March 8	Luke 10. 2	Working with God
March 9	Luke 10. 3-4	Trusting in God
March 10	Luke 10. 5-6	Bringing God's peace
March 11	Luke 10. 8-9	Pointing to God
March 12	Luke 10. 27	Loving God
March 13	Luke 10.28	Loving others

### Week 5 - Living Close to Jesus

March 14	Luke 10. 41-42	Taking time with Jesus
March 15	Luke 11.2	Praying with Jesus
March 16	Luke 11. 9-10	Receiving from Jesus
March 17	Luke 11. 27-28	Obedying Jesus
March 18	Luke 11. 34	Seeing true
March 19	Luke 12. 6-7	Knowing your value
March 20	Luke 12 22-23	Knowing life's value